

FEBRUARY

February brings the first Yorkshire rhubarb, cut in the forcing sheds. Unsurprisingly, it's a little more pricey this year due to increased transport and heating costs.

It's prime season for Moro blood oranges. Other citrus includes leafy lemons and oranges, kumquats and bergamot.

UK veg includes brassicas such as kales and cabbages and all the root crops. This is a good month for Jerusalem artichokes and kales.

With Valentine's around the corner, you can buy some decent strawberries. Other recommended fruits include apples and pears, quince, pomegranates, prickly pears, Brazilian figs and mangoes.

You can find winter salads such as UK watercress and radicchios from Italy.

Wild garlic will be along later this month.

Other bitter crops include puntarelle and cime di rapa. Winter tomatoes are here, such as Marinda and Camone. It's a decent time for artichokes, too.

For other salad crops, watch out for fennel, puntarelle and the radicchios such as Castelfranco.

For something special, try the Catalan speciality of Calcot onions – ideal on the Jospet grill.

Wild mushrooms include Chinese Morels, Chanterelle and Pied de Mouton.

See you in March for our next Market Report.

By Tom Moggach (on behalf of Kirby's Fresh Produce)

Looking for a trusted produce supplier? Get in touch...

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