

MARCH

March is a thrilling month on the Market. The first whiff of wild garlic is always a first sign of spring.

Yorkshire forced rhubarb is still going strong, although some outdoor crops are trickling in.

There have been sightings of Jersey Royal potatoes. The first harvests are grown under glass – with a price tag to cost.

On the citrus front, blood oranges are mid-season now. Nardocott clementines are the last of the easy peelers. Lovely leafy lemons, oranges, kumquats, bergamots and cedros are all still available.

While the nights remain cold, UK brassicas are on form. Expect all the cabbages, kohlrabi, purple sprouting and more.

For leafy veg, it's towards the end of the season for some of the radicchios so make the most of them while you can.

Roots include Jerusalem artichokes, carrots (inc. sand carrots from Normandy) and beets.

Winter tomatoes are a bonus at this time of year, with varieties such as Marinda and Camone.

For mushrooms, expect trompette, pied de mouton, morels and more.

By Tom Moggach (on behalf of Kirby's Fresh Produce)

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