

NOVEMBER

Leafy clementines now flooding into the Market - always a highlight for November.

Citrus of all kinds is exceptional, even limequats! And - a bit more mainstream - some juicy kumquats. These snack-size fruit can be eaten skin and all.

For British fruit, a wide range of British apples and pears are on hand, you'll find Russets, Gala and Bramley.

For veg, brassicas are strong. This includes sprouts and tops, kales, Romanesco and purple sprouting. Many traders are moving to Spain for their broccoli. Squashes of all kinds are also plentiful.

From under the ground, Jerusalem 'chokes are a good bet. A wide range of standard spuds also available.

From the Continent, specialities include radicchios (Tardivo, Castel Franco, Chiccorinos), salsify, chervil root, artichokes, crosnes and celeriac.

Don't forget nuts - fresh chestnuts are in their prime. Wet walnuts also here.

Familiar with persimmons - are growing in popularity. Spain is a key exporter at this time of year.

Turkish figs are all but over. But you will find some Italian, French and new crops from the Southern Hemisphere.

The last of the European plums are the Angeleno variety from Spain and Italy.

Chillies are bringing plenty of colour.

It's a good time for wild mushrooms, especially ceps.

By Tom Moggach (on behalf of Kirby's Fresh Produce)

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